

NORTHWOOD HIGH SCHOOL
February 2019 Menu

Monday February 4	Tuesday February 5	Wednesday February 6	Thursday February 7	Friday February 8
<u>Choose 1</u> Spaghetti w/ Meatballs Grilled Chicken Sandwich Deluxe(let,tom,onion,pickle) Grab and Go Salad	<u>Choose1</u> Chicken Tenders Panther Burger Grab and Go Salad	<u>Choose 1</u> Sweet and Sour Chic w/Rice Ham and Cheese Wrap Grab and Go Salad	<u>Choose 1</u> Taco Bar Turkey Bacon Club	<u>Choose 1</u> Buffalo Chicken Pizza Cheese Pizza BBQ Chic Sandwich Grab and Go Salad
<u>Sides</u> Broccoli Tossed Salad Carrots and Dip Cottage Cheese Mandarin Oranges Tropical Fruit Fresh Fruit	<u>Sides</u> Peas Tossed Salad Celery w/PB Peaches Pears Fresh Fruit	<u>Sides</u> Roasted Carrots Tossed Salad Tomatoes w/Basil Pineapple Baked Apples Fresh Fruit	<u>Sides</u> Bean Dip Strawberry Cups Peach Cups Fresh Fruit	<u>Sides</u> Green Beans Tossed Salad Broccoli and Dip Applesauce Mixed Fruit Fresh Fruit
Milk Garlic Bread	Milk Bread/Butter	Milk Bread/ Butter	Milk	Milk

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Monday February 11	Tuesday February 12	Wednesday February 13	Thursday February 14	Friday February 15
<u>Choose 1</u> Chicken Fajitas BBQ Pork Sandwich Grab and Go Salad	<u>Choose 1</u> Lasagna Chic Filet Sandwich Deluxe (let,tom.onion,pickle) Grab and Go Salad	<u>Choose 1</u> Spicy Chicken Tenders Hot Dog Sandwich Grab and Go Salad	<u>Choose 1</u> Baked Potato Bar Chili Topping Tuna Salad Sandwich Taco Salad	<u>Choose1</u> Cheese Pizza Pepperoni Pizza Fish Sandwich Grab and Go Salad
<u>Sides</u> Corn Tossed Salad Carrots and Dip Mandarin Oranges Tropical Fruit Fresh Fruit	<u>Sides</u> Green Beans Tossed Salad Celery w/PB Pears Applesauce Fresh Fruit	<u>Sides</u> Sweet Potato Fries Spinach Salad Raw Peppers and Dip Blueberry Yogurt Dessert Peaches Fresh Fruit	<u>Sides</u> Broccoli w/Cheese Sherbet Fresh Fruit	<u>Sides</u> Baked Beans Tossed Salad Cucumbers and Dip Coleslaw Peach Cups Mixed Fruit Fresh Fruit
Milk	Milk Bosco Stix	Milk Bread/Butter	Milk Hot Rolls/Butter	Milk

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Monday February 18	Tuesday February 19	Wednesday February 20	Thursday February 21	Friday February 22
<u>Choose 1</u> Cheesy Bread w/Marinara Sloppy Joe Sandwich Grab and Go Salad	<u>Choose 1</u> Chicken and Noodles w/ Mashed Potatoes Hot Ham and Cheese Grab and Go Salad	<u>Choose 1</u> Macaroni and Cheese w/Smokies Pork Rib Sandwich Grab and Go Salad	<u>Choose 1</u> Burrito Bar PB&J Uncrustable	<u>Choose 1</u> Tilapia w/pineapple salsa Cheese Burgers Deluxe (let,tom,onion,pickle) Grab and Go Salad
<u>Sides</u> Broccoli Tossed Salad Carrots and Dip Cottage Cheese Mandarin Oranges Tropical Fruit Fresh Fruit	<u>Sides</u> Green Beans Tossed Salad Tomatoes w/Basil Applesauce Peaches Fresh Fruit	<u>Sides</u> Roasted Squash Tossed Salad Cucumbers and Dip Pears Baked Apples Fresh Fruit	<u>Sides</u> Black Beans Ice Cups Fresh Fruit	<u>Sides</u> French Fries Tossed Salad Peppers and Dip Pasta Salad Pineapple Mixed Fruit Fresh Fruit
Milk	Milk Bread/Butter	Milk Bread/Butter	Milk	Milk Cornbread

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Monday February 25	Tuesday February 26	Wednesday February 27	Thursday February 28	Friday March 1
<u>Choose 1</u> Chicken Parmesan w/Pasta Philly Beef and Cheese Grab and Go Salad	<u>Choose 1</u> Turkey Gravy w/Biscuit Spicy Chic Sandwich Grab and Go Salad	<u>Choose 1</u> Fish Wedge Tenderloin Sandwich Deluxe (let,tom,onion, pickle) Grab and Go Salad	<u>Choose 1</u> Soup and Sandwich Bar Toasted Cheese or Cold Sub Sandwich Grab and Go Salad	<u>Choose 1</u> Cheese Pizza Pepperoni Pizza Wrap Sandwich Station Grab and Go Salad
<u>Sides</u> Broccoli Tossed Salad Carrots and Dip Mandarin Oranges Tropical Fruit Fresh Fruit	<u>Sides</u> Peas Tossed Salad Tomatoes w/Basil Applesauce Apricots Fresh Fruit	<u>Sides</u> Green Beans Tossed Salad Celery w/PB Coleslaw Peaches Pears Fresh Fruit	<u>Sides</u> Tomato Soup Cheesy Potato Soup Tossed Salad Peach Cups Strawberry Cups Fresh Fruit	<u>Sides</u> Baked Beans Tossed Salad Cucumbers and Dip Pineapple Mixed Fruit Fresh Fruit
Milk Bread and Butter	Milk	Milk Cornbread	Milk Saltines	Milk

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